

Along the Journey

Summer 2015

A NEWSLETTER FOR THE COMMUNITIES AND FRIENDS OF BAPTIST HOMES SOCIETY

BAPTIST HOMES & MANOR PROVIDENCE POINT BAPTIST HOMES FOUNDATION BAPTIST HOMES SOCIETY

Baptist
HOMES
SOCIETY

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Al Allison, Jr.,
President & CEO
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Carl and Nancy Schrock

Major gifts impact lives and our mission

A recent outpouring of generosity is already benefitting those entrusted to our care.

In March, Baptist Homes Foundation received a \$675,000 gift from the Estate of Martha M. Crone, believed to be the largest bequest in our organization's history. That same month, the Foundation also received \$50,000 from **Becky and John Surma**, the second installment of their \$500,000 pledge, believed to be the largest individual gift commitment in Baptist Homes Society history.

Finally, in appreciation for their 65th anniversary of their first date and 63rd wedding anniversary, **Carl and Nancy Schrock** entered into an irrevocable pledge agreement with Baptist Homes Foundation directing

\$100,000 to our Samaritan Fund for Resident Assistance from their Providence Point entry fee.

President and CEO **Al Allison, Jr.**, moved by these three significant and very diverse gifts, stated, "The impact gifts such as these have on the well being of our residents is felt throughout every corner of our organization. Ultimately, they benefit everyone who lives in one of our communities."

The Crone Estate funds have already been put to use to purchase 43 new beds for healthcare residents; this donation will also help replace the windows in the Baptist Homes campus chapel, and update the Baptist Homes



Martha M. Crone

continued on pg. 3



*Alvin W. Allison, Jr.
President & CEO
Baptist Homes Society*

Refinancing accomplished with much gratitude

Baptist Homes Society is a faith-based organization. We have existed for over 105 years to honor God through our service to those entrusted to our care and to those who have chosen to live and work in our Christian communities.

I believe that we, and all those who have come before us, have embraced our mission, vision, and values. We have particularly lived those values as demonstrated by the reputation Baptist Homes Society

A message from the President

has earned and maintained for the care, compassion, and quality of life and services we offer to all.

Over the past few years, Baptist Homes Society has been focused on refinancing our long-term debt. We faced many challenges, adapted to changes, and struggled through some tough decisions. Through it all, God has provided for us. One of our value statements declares that we are here to honor God and to be a witness to the love of God through the way we serve others. In I Samuel 2:30, God promises to honor those who honor him, and, as always, He has been true to His Word. In June, we were blessed to be able to refinance our long-term debt through a 35-year, fixed-rate bond issue. As a result, Baptist Homes Society is stronger and more vibrant than before, and looking forward to a very bright future.

With God's continued guidance and blessing, we will sustain our mission of service to move forward with the plans we have made. Baptist Homes Society will continue to be a beacon of hope and a source of comfort, care, and quality of life and services to all those living in our communities, now and throughout our second century of service.

Please join me in expressing our gratitude to our God and Father for His past, present, and future blessings. I also want to express my appreciation to our wonderful staff for their dedication and patience, and to our partners in the refinancing efforts and to our Board of Directors for leading us through this process with determination, cooperation, and strength.

As we begin our new fiscal year, Baptist Homes Society is moving forward with a renewed commitment to do all that we do to the best of our ability for the benefit of the residents and the communities we are privileged to serve.

God bless you all. 🌿

Along the Journey

is published three times a year for friends of Baptist Homes Society and its communities: Baptist Homes and Providence Point. Baptist Homes Society is a not-for-profit 501(c)3 organization serving people of all faiths since 1910.

Jan O. Wenzel
Chair, Board of Directors

Al Allison, Jr.
President & CEO

Marilyn Walsh
Editor/Writer

Erin E. Engel Dionne Rose
Contributors

Jack Miller
*Vice President for Development
Baptist Homes Foundation*

Our mission

Our mission is to provide the highest quality of living for all those we serve, while uplifting one person at a time.

Our vision

Our vision is that seniors in our community will experience the most fulfilling life possible.

Our values

Our values represent the philosophy that guides our organization. These values are Faith, Benevolence, Service, Ethics, and Wellness.



The Crone Estate gift helped cover the cost of new windows in the Chapel at Baptist Homes.

Major gifts impact lives

(continued from pg. 1)

phone system. A portion will also be used to create an endowment for our *Samaritan Fund for Resident Assistance*.

The second installment of the gift from **Mr. and Mrs. Surma** enabled us to replace our aged pick-up truck, plow and salt-spreader, obtain a new 100-pound capacity commercial washer for our laundry room, install new carpet in a dining room, and provide a \$5,000 grant to our Employee Appreciation Fund.

Ultimately, the gift pledged by **Mr. and Mrs. Schrock** will result in a perpetual gift of at least \$5,000 annually toward the cost of care for those living within our senior living communities who

have exhausted their resources.

In line with this generous spirit, it was another Providence Point resident and Baptist Homes Foundation Advisor, attorney **Chuck**



Chuck Queenan

Queenan, who was responsible for drafting the document that made the pledged gift possible. We thank everyone who has contributed to our mission. 🌿

Baptist HOMES SOCIETY

presents the

Senior & Health & Wellness Fair

AT THE GALLERIA OF MT. LEBANON
TUESDAY, SEPTEMBER 22, 2015
10:00 AM–2:00 PM

1500 Washington Road • Pittsburgh, PA 15228

Please join us for this exciting day filled with fun and ideas to help you live well!

- 9:30 AM mall walk with Providence Point's Wellness Director Fabiana Cheistwer (free pedometer to first 10 walkers)
- More than 40 exhibitors
- Flu shots and health checks
- Senior fashion show, entertainment, exercise demos, and other events
- Raffles and giveaways
- Donate to Alzheimers Association for discounts at select Galleria merchants

EXHIBITORS INCLUDE



A&M Healthcare Agency
American Healthcare Group
Casey Ball Supports Coordination
Comfort Keepers
Home Instead Senior Care
Insurance & Benefit Services
Medicare Specialists of Pittsburgh
Synergy Home Care
Vitas Healthcare
William Slater II Funeral Services

D & M Chiropractic
Gentiva Hospice
HealthSouth Pittsburgh
Howard Hanna Real Estate
Jefferson Memorial Cemetery
 and many more...

Laughlin Memorial Chapel
Optimal Aging Advisors
Preferred Care at Home
Two Men and a Truck
Visiting Angels



For more information, contact Sue Lauer at 412.572.8308 or email slauer@baptisthomes.org

Weather can't dampen golfers' day

THE 22ND ANNUAL BAPTIST HOMES FOUNDATION CHARITY GOLF INVITATIONAL

For 105 years, Baptist Homes Society has never asked anyone living in our South Hills senior communities to leave because they had exhausted their resources. This legacy began with the vision and generosity of our founders, and remains the core of our mission—to provide the highest quality of living for all we serve, while uplifting one person at a time.

Thus, despite a one-hour lightning delay, guests were honored to attend the Baptist Homes Foundation's 22nd Annual Charity Golf Invitational on May 18 at Allegheny Country Club. The event, chaired by **Brian Gongaware** and **Jan Wenzel**, our Foundation and Society Board chairs respectively, netted \$107,002 to support our *Samaritan Fund for Resident Assistance*.

Participants enjoyed a buffet lunch and golf in a shamble format. Skill contests included closest-to-the-pin, long drive and putting. Hole-in-one prizes were sponsored by Bobby Rahal® Automotive Group.

Festivities continued into the evening as 180 guests, including residents from Providence Point, enjoyed hors d'oeuvres and dinner. For the third consecutive year, Honorary Chair and golfing legend Carole Semple Thompson was on hand to lend her support. Thompson has won seven USGA Championships, a record 12 Curtis Cup selections, and was the 2003 recipient of the Bob Jones Award for distinguished sportsmanship in golf.

Greg Engelmeyer whose family has relied on Baptist Homes for care, captured the significance of the fundraising event when he spoke of the impact Baptist Homes has had on his family, a microcosm of how Baptist Homes Society lifts up one person at a time, many times over. John Scott, the nephew of Martha Crone who recently made what is believed to be

the largest bequest in Baptist Homes Society history (*see cover story*), also spoke. Afterward, several guests, including Bill Henry (hole-in-one winner), donated their winnings back to Baptist Homes Foundation in support of our mission.

Since 1910, Baptist Homes Society has served people of all faiths who require assistance because of age, illness or disability. Funds raised at the 22nd Annual Charity Golf Invitational will

benefit *The Samaritan Fund for Resident Assistance* which allows continued care for residents whose finances have been depleted.

A complete wrap-up of the event, including pictures and prize winners, may be found at www.bhf.plannedgiving.org and BlackTie-Pittsburgh.

The 23rd Annual Baptist Homes Foundation Charity Golf Invitational has already been booked to return to Allegheny Country Club on Monday, May 23, 2016. We hope you'll participate. 🦋



Carol Semple Thompson, center, with members of the Joerns foursome—Greg Kennis, Lance Huber, James Stossel and Bruce Miller.



Golfers get instructions prior to the shotgun start.

Thank you!

Baptist Homes Foundation and Baptist Homes Society thank the following sponsors for their support of this very successful event:

DOUBLE EAGLE SPONSOR
Joerns®/RecoverCare

EAGLE SPONSORS
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Pharmacy Services
Huron Consulting Group®

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Spectrum Consultants

We also acknowledge all those who supported the event as tee sponsors, golfers, donors and dinner guests. Your contributions make a significant impact on those we serve.



Congratulations to our MVPs



Betti Smee
January 2015



Shawn Perry
February 2015



Jim Wollett
March 2015



Tracie Winniewicz
April 2015

BAPTIST HOMES MONTHLY MVPs



Marlene Craze
May 2015



Sara Allen
June 2015



Leah Vargo
July 2015

Through an employee recognition program called Mission and Vision Personified (MVP), our outstanding staff members are nominated and recognized for their contributions to Baptist Homes Society on a monthly basis. The Employee Recognition Committee (ERC) oversees this important program in which dedicated staff are selected for their efforts by their peers.

In addition to the MVP program and an annual event, the ERC celebrates excellence through special activities for staff on a monthly basis. Congratulations to the staff members shown here for their commitment to the mission and vision of Baptist Homes Society. 🍀



Chuck Jones
January 2015



Paul Mannheimer
February 2015

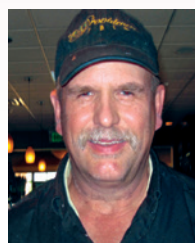


Markie Karlowski
March 2015

PROVIDENCE POINT MONTHLY MVPS



Danette Terlecki
April 2015



Joe Hallas
May 2015



Colleen Smith
June 2015



Kelli Jo Murphy
July 2015

What's new at

Baptist

HOMES

Live gracefully.

(Clockwise from left) Baptist Homes Executive Director Bernie Erb poses with Leona Cimino during the 100th anniversary celebration; Florence Burns and Thelma Buchner get polish and a smile from student Emalie Burkholder; a youngster shows the Easter egg she found to Bryan Evans.



cake and ice cream, and Executive Director **Bernie Erb** presented a small gift for all residents, staff and others who joined in the festivities.

Easter parade a hit

Easter is always a special time at Baptist Homes, but the Activities Department made it just a little more fun this year with the addition of an “Easter Parade and Egg Hunt.” Families were invited to bring children, grandchildren and other youngsters for a fun, inter-generational afternoon. Residents helped to identify hiding places and shared Easter treats with the children.



100th Anniversary

On May 29, Baptist Homes celebrated the 100th anniversary of the placement of its cornerstone on the corner of Crystal Drive and Castle Shannon Boulevard in Mt. Lebanon, marking construction of its first permanent facility. Baptist Homes is one of the oldest organizations serving the Mt. Lebanon community, and the 100 year old well-maintained building is still in use today

The afternoon celebration included



Queen for a Week

Queen for a Day, a special celebration for Mother's Day, continues to grow in popularity. This year, the number of participants grew to a point that the event was

dubbed “Queen for a Week!”

The celebration included entertainment, make-overs, and glamour shots. Students from the Steel Center Vo-Tech Cosmetology program provided manicures. Family members took advantage of the opportunity to pose for photos with their loved ones. And, on the Monday following Mother's Day, ladies were treated to a special breakfast.

Springtime at Phipps

Springtime was slow to arrive across the Pittsburgh area this year, but like other “locals in the know,” Baptist Homes residents,



families, staff and volunteers headed to Phipps Conservatory. Despite the weather, the group tours of Phipps



gave everyone a chance to enjoy some beautiful spring blossoms and anticipate the coming season.

Courtyard prepped for summer

Residents, staff, families, and friends like to take advantage of Baptist Homes' enclosed courtyard once summer arrives. Earth Day is usually a good day to start preparing the gardens, but that wasn't the case this year. Residents had to watch from the warmth of the sunroom

as staff planted a new dogwood tree in the cold and sleet. Residents helped with preparations by planting seedlings, potting plants, and creating



decorations to enliven outdoor areas.

Finally, the cold weather ended and decorations and plants prepared by the residents could be placed in the courtyard, complemented by two fountains added in memory of Andrew Drelick and William Emery.

Residents perform summertime songs

A sunny July afternoon was the perfect venue for "Here Comes the Sun," the residents' summer

musical performance. Weeks of practice culminated in an impressive performance of songs such as "Here Comes the Sun" and "You Are My Sunshine" by members of the Dancing Divas and the Drummers. The performance also included sing-a-longs, serenades and plenty of smiles in the packed Chapel.

Luau brings cultural education and fun

The weather was 'tropical' inside the Chapel on July 28 when



members of the Tuika Polynesian Island Magic put on their show. The much anticipated luau provided education and entertainment, as the dance troupe taught hula dance moves, explained cultural traditions and brought smiles to many faces. 🌺



(Clockwise from top left) Residents Helen Baxendell, Martin Reddan and Dolores Cantafio visit Phipps Conservatory escorted by family, volunteers and staff; A member of the Polynesian dance troupe stops for a pose with Helen Knaus; Robert King, Franca Sebastiani and Helen Baxendell perform in "Here Comes the Sun"; Maintenance Supervisor Tom Keifner plants a dogwood as part of Earth Day activities.

Providence POINT

*Where active seniors and a vibrant lifestyle
create a unique living experience.*



(Clockwise from left) Sous Chef Caleb Hicks and Executive Chef Scott Beattie preparing the Lobster Bake; Representative Nick Kotik with Resident Council President Jack and Marty Bosley, and BHS President & CEO Al Allison, Jr.; David and Jackie Christopher enjoy the special al fresco event.

foods on Providence Point's patio. Guests enjoyed lobster, steamed clams, corn on the cob, and more. As the day cooled and the sun set, dinner concluded

impressed with Providence Point and plans to return on September 25 for an informational town hall session open to all residents.



with a lemon berry mousse tart and friendly conversation.

Lobster dinner gets a warm welcome

For seafood lovers, there's no better way to spend a summer afternoon than at an authentic Lobster Bake. The record temperatures of the afternoon did not deter residents who found shade and a delicious spread of summer

Rep. Kotik visits the Community

Due to the voting district realignment in Pennsylvania last year, State Representative Nick Kotik's district



now includes Providence Point. President & CEO **Al Allison Jr.** and Resident Council President **Jack Bosley** invited Representative Kotik for a tour and lunch. Kotik, who has some past experience in the senior living industry, was very

"Savor the Season" is a hot ticket in dining

Providence Point's quarterly "Savor the Season" events continue to grow in popularity. A sold-out event in March featured Elk Tenderloin Medallions with Smoked Cracked Pepper Sauce. In June, the dinner included Chicken Osso Bucco and a Wild Boar Loin Chop.

Executive Chef **Scott Beattie** creates meals that emphasize local ingredients while giving diners the opportunity to experience foods they may never have tasted before.





The Chartiers Room buzzes with activity

Providence Point's Chartiers Room,

with its piano, stage, sound system and seating

capacity, buzzes with activity all week. Days start with exercise classes; afternoons often feature a drama presentation or movie, followed by a speaker or musician as evening entertainment.

Friday afternoons are reserved specifically for entertainment for Healthcare Center residents. For Mother's Day, attendees were treated to the chalk art renderings and storytelling by Gary Means. The ladies in attendance also received a cake pop that was almost too pretty to eat, lovingly made by Healthcare Receptionist **Mary Ann Belden**.

Social committee brings trophy home

Baptist Homes Society holds an annual food drive and donates



all contributions to South Hills Interfaith Ministries (SHIM). A few years ago, staff created a competition between the two campuses to see who could collect the most cash and food. This year, Providence Point won, in large part due to a resident social committee who went above and beyond, raising more than \$1,225 in cash and 898 food items in a two-hour time span. Overall, the two communities provided 1,360 lbs of food and \$2,324 in cash to SHIM! Baptist Homes representatives handed over the soup can trophy at an informal ceremony in April. 🍂

(Clockwise from top left) Dr. Nussbaum talks about brain health; Artist Gary Means with the help of Activity Coordinator Elaine Overend, poses with residents following his presentation; SHIM's Tim O'Brien joins BH Executive Director Bernie Erb and Personal Care Administrator Janet Wasko in the trophy presentation to PP Executive Director Bob Kocent, and residents Carol Beggs, Lavisa Ward, Joan McAnulty, Charles Snyder and Bill Ward.

Positive results for Wellness

Not everyone who lives at Providence Point participates in the many Wellness activities that are available. But those who do often report positive outcomes that may be adding quality—and years—to their lives. The list of available Wellness activities is a long one. From *Boost Your Brain* to *Chair Yoga*, to *Lunch & Learn* sessions—the positive results show up on surveys residents voluntarily complete. Those who take the *Balance Class* have reported more confidence in their coordination. *Keep on Moving* class members noted they felt stronger, slept better, and liked making new friends.

Director of Wellness **Fabiana Cheistwer** collects the data and shares it with health and wellness organizations such as the International Council on Active Aging and Dr. Paul Nussbaum's Brain Health Center (see article on next page). The Wellness Department continually reviews and updates programming at both Providence Point and Baptist Homes to ensure we are responsive to resident needs and are offering the latest and best practices.



Milestones and more

With much gratitude and appreciation, Baptist Homes Society recently announced the retirement of two longtime members of its Board of Directors.

After serving Baptist Homes Society since 2008, **Deb Smith** has stepped down to devote more time to her leadership role as Chief External Relations Officer for Girl Scouts Western PA. Deb served on both Foundation and Society Boards during her tenure. Her service is gratefully acknowledged.



Strategic Planning and as Vice Chair of the Society Board and Governance committees. His expertise and background as an Executive Vice President at St. Clair Hospital made him a critical member of our strategic team and instrumental through our refinancing process.

Baptist Homes Society welcomed the return of **Brent Foster** as Chief Financial Officer. Brent had served as CFO from



2007 to early 2014. Following his departure, he provided information and services, especially during the organization's refinancing process.

Welcome to **Paul Blake** in a newly-created position of Vice President of Business Development. Paul will be instrumental in developing partnership strategies and revenue growth opportunities.



Thomas Ague, who served on the Baptist Homes Society Board for five years, has also retired from the Board.



Tom served on numerous committees including



Congratulations to Baptist Homes Director of Resident Services **Kevin Santora** (center) who was recognized by Premier, Inc. as an Illuminating Excellence Award finalist for quality food service at a dinner in Washington, DC. The award was presented by Premier Vice Presidents David Poe and Bob Juerjens. 🌿

"I am writing to tell you that the care my mother received was outstanding. ...As you can imagine, it is a very stressful experience when your 87 year old mother has a serious fall and you wonder if she will be able to return home to independent living again. Not only did the excellent care give me peace of mind while she was in your care, it also made it possible for her to successfully return to live in her apartment."

The gift of kind words

Baptist Homes Society is thankful for the generosity of all who support our mission. We are also grateful for the kind words that often

"I have had six years of positive experiences—meals (preparation, presentation, wait staff, friends, etc.), the design and decoration of the patio homes and common areas, programs and outings, maintenance staff, administration, etc. I appreciate the expression and carrying out of your stated mission."

accompany letters and gifts you send.

There is no greater gift than the knowledge that we are meeting our residents' needs and fulfilling our vision of providing the most fulfilling life possible.

Two recent letters show us that—whether here long-term or short—we are doing that for families. We are proud to share these notes with our supporters and thank you for placing your trust in us. 🌿

Grants and university relationships benefit residents

B. K. Simon Family Charitable Foundation

Baptist Homes Foundation extends its appreciation to the B. K. Simon Family Charitable Foundation for renewing a grant to underwrite the cost of three Baptist Homes activity positions. These funds enable more one-to-one care with residents and allow for more creative and enriching programs to enhance their quality of life.

CMU Technology Assessment



Larry Heimann, recently completed an assessment of BHS' information/technology structure and provided recommendations on how best to address security, hardware and software needs.

The two-hour presentation, conducted by Dr. Heimann and students Audrey Alpizar, Jake Bittner, Nicholas Gasbarro, Julia Harmison, Sanika Natu and Clara Shim, included a hardware inventory, software assessment, and operational insights.

Alzheimer's and Dementia

In May, The Mary Hillman Jennings Foundation awarded a grant to Baptist Homes Foundation to create a nine-month program of music therapy for targeted groups

of residents in the memory support and Alzheimer's units at both communities, as well as art therapy.

Currently, Baptist Homes Society is finalizing the art therapy component of the program, assessing tools to provide the best outcomes for our residents with Alzheimer's and related dementias.

In conjunction with Baptist Homes Society staff, Jessica Mull, MT-BC, will design the music therapy program with assistance from Duquesne University music therapy practicum students.

The program will benefit our residents and provide clinical data for best practices in art and music programs for other Alzheimer's and dementia patients. Data will be used by BHS administrators, Duquesne faculty and students, and therapists. The findings will be shared with Alzheimer's and dementia-care facilities throughout southwestern Pennsylvania.

We extend gratitude to The Mary Hillman Jennings Foundation and Providence Point resident and Baptist Homes Foundation Advisor **Carl Grefenstette** for recognizing the importance of this study.

Parkinson Foundation

In response to a Wish List that appeared in the last issue of *Along the Journey*, Parkinson Foundation Western Pennsylvania provided Baptist Homes with 19 new recliner

chairs for resident and lounge areas. The value of this non-cash gift exceeds \$10,000 and is deeply appreciated by our residents and all who care about our mission.



Paul Schaughency and other residents "on the move."

On The Move Program

Providence Point is one of 28 University of Pittsburgh *On The Move* program research sites attempting to determine to what extent exercise is beneficial to the physical and mental health of persons 65 and older by developing and comparing two different group exercise programs.

The one-hour group exercise class meets twice a week for 12 weeks. Participants' walking and ability to carry out everyday activities are assessed before and after the program. Safety and satisfaction with the program and instructor are also being assessed.

Findings will provide evidence for the value of the *On The Move* group exercise program. If successful, the *On The Move* program could be incorporated into exercise programming for older adults in our area and across the country. 🍂

Creative gifts prove: Where there's a Will—there's a way.

The importance of Martha Crone's recent cash bequest (see cover story) can never be understated, but there are other ways people support our mission, regardless of their capacity to give.

Consider Elma Frances Johnson. She included Baptist Homes Society in her will, not to receive cash, but for an interest in mineral rights on property she owned. Recently, we leased the right to extract those minerals for \$3,440 and a 15 percent royalty from the profit related to our ownership interest.

Some business owners prefer to explore non-cash gift alternatives. For example, STORExpress provided us with a year of free storage in return for a golf sponsorship. Benyo Painting, LLC

and East Suburban Interiors, Inc. provided services to underwrite their role in the golf outing, too. On occasion, we even have vendors donate budgeted items like computers, in lieu of cash, because it's mutually beneficial.

The families of those we serve are also creative. Our 2014 Samaritan Fund Appeal featured **Mary Kruhm**, a resident who was about to celebrate her 104th birthday and had depleted her resources.

Her son Dennis wanted to do something to show his appreciation for the care his mom and foster sister **Josephine Pierce** received while Baptist Homes residents. He promised to auction an antique car he had restored then direct all

proceeds to the *Samaritan Fund for Resident Assistance*. We received that \$15,500 gift in April, a few weeks before his mom passed away.

One Providence Point resident who wishes to remain anonymous has notified us that he is taking steps to donate \$50,000 in Baptist Homes Society bonds back to the Foundation.

There are also ways we can help our donors. For example, a gift annuity is a simple contract where, in return for \$10,000 or more in cash, appreciated securities or other asset, a donor receives an immediate tax deduction and fixed annual income for life. When the annuity ends, any remainder comes to the *Samaritan Fund for Resident Assistance*.

Whether it's directing a portion of an entry fee, signing over a bond, including us in your will, or writing a check, your generosity changes lives.

Churchill said it best when he said: "We make a living by what we get, but we make a life by what we give."

For information on how you can help Baptist Homes Foundation continue the Baptist Homes Society mission, please visit www.bhf.plannedgiving.org or call **Jack Miller** at 412.489.3260. 🐦



Jack Miller, CFRE,
Vice President for
Development



Elma Frances Johnson



(Back L-R) Josephine Pierce, Dennis, Helen and Helen's daughter, Kelli; (Front L-R) Paula Jo, Mary and Dennis' wife, Eileen

Continuing education series

Baptist Homes Society's Continuing Education (CE) series continues this fall with exciting new topics. Since its inception four years ago, the CE program has grown considerably, bringing hundreds of healthcare professionals to our facilities to network, learn and enjoy dinner.

Community Liaison **Sue Lauer** organizes the program which rotates between Providence Point and Baptist Homes offering expert speakers and topics of interest to a broad range of people, with special focus on seniors.

The fall series started in August with a Farm to Table seminar. In September, two Baptist Homes Society Board members, **Frank A. Petrich, CFP®**, CELA and **William D. Presutti, Jr., PhD** will discuss exercise for the Aging Adult. In October, Mt. Lebanon Police will present a seminar on the scams and frauds that target seniors.

For more information about our CE series, see our website at www.baptisthomessociety.org or call **Sue Lauer** at 412.572.8308. Dates, times, topics and locations are shown below. 🌿

Volunteer?

Baptist Homes Society relies on volunteers to bring added support and lively activities to our residents. Both communities are always in need of people to escort residents to activities and events, to provide one-to-one visits and weekend activities. If you have a passion for helping seniors and would like to get involved, call Dionne at Baptist Homes at 412.572.8254 for more information. 🌿

Exercise for Aging Adults
(aka Senior Fitness—Principles and Benefits)
presented by Frank A. Petrich, CFP®, CELA
and William D. Presutti, Jr., Ph.D

Tuesday, September 15, 2015

Providence Point

Registration 4:00 PM

Presentation 4:30 to 6:30 PM

Learn about exercise and the aging body from two Certified Personal Trainers (American Council on Exercise). We will reveal the steps to start an exercise program that will set the foundation for fitness.

**Fraud, Scams and Crimes
Against Seniors**

presented by
James W. Hughes, Crime Prevention Corporal,
Municipality of Mt. Lebanon

Wednesday, October 14, 2015

Baptist Homes

Registration 4:00 PM

Presentation 4:30 to 6:30 PM

We will review tips to help seniors avoid fraud and identify scams. We will also discuss some of the crimes that are frequently perpetrated on seniors.

**Navigating the Healthcare
Maze in Western PA**

presented by Erin Hart, Director of Health
Benefit Services, and Liz Hagan Kanche,
Director of Wellness Services,
American HealthCare Group

Tuesday, November 10, 2015

Providence Point

Registration 4:00 PM

Presentation 4:30 to 6:30 PM

The healthcare insurance industry continues to evolve and this session will provide information and a review of the terminology so you can make the best decision for yourself and your clients.

Baptist Homes Auxiliary Luncheon

Wonderful tradition brings friends together

The Baptist Homes Auxiliary held its annual luncheon to benefit the *Samaritan Fund for Resident Assistance* at Baptist Homes on Tuesday, May 5, 2015. The room filled to capacity and, following a wonderful lunch provided by Baptist Homes Dining Services, guests participated in raffles and enjoyed entertainment.

The hard work of Auxiliary President **Sally Barnett** and all members of the Baptist Homes Auxiliary resulted in a beautiful, fun event for residents, staff, volunteers and others who support the BHS mission. It is no wonder the luncheon continues to grow in popularity.

Many thanks to the members of the Auxiliary for this and all that they accomplish for Baptist Homes. 🌿



(l to r) Foundation Board member and Auxiliary Treasurer Cathy Luck, with Audrey Pritchard and Ethel Potochnik organize the basket raffle.



Hello Nurse

Thanks to a combination of grants, Baptist Homes Society has entered into an agreement with Elder Care Innovations, LLC to acquire **Hello Nurse** for both campuses. **Hello Nurse** is a wireless notification system that can alert staff if a resident is about to fall or if his/her briefs are wet. The company chose Providence Point as a beta test site in February.

The patient monitoring system is responsible for a significant reduction in the number of falls. Baptist Homes and Providence Point are the first post-acute senior care communities in the country to employ the system. Jeffrey Gentile, a western Pennsylvania native and developer of

Hello Nurse said he selected BHS as the critical test site because “of its reputation of commitment to its residents.” 🐦



Gifts in Honor

Baptist Homes Foundation • January 1, 2015 through June 30, 2015

Renee Achille

Ms. Nadean B. Bovard

Eleanor Anderson

Dr. Karl J. & Mrs. Dewi Wong

Tim Branscum

Bernadette Capps' Family

Bernadette Capps—

in honor of her birthday

Bernadette Capps' Family

Pearl Coburn

Anonymous (2)

Ms. Nadean B. Bovard

Mrs. Priscilla S. Utzig & Friends

Candice Coughner

Mr. John Hall

Richard J. Eyerman

Mr. & Mrs. William A. Finke

Lauren Hergenroeder

Ms. Nadean B. Bovard

Mr. & Mrs. Hale Holden, Jr.

Michael Hsko

Mr. & Mrs. Paul W. Schaughency

Christina L. Kaniuff

Bernadette Capps' Family

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for their dedication and

individualized care to the residents

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Providence Point Personal Care

Anonymous

Providence Point Dining Services

Anonymous

Providence Point Employees

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Great care has been taken in preparing this list. If we have inadvertently omitted the names of one of our supporters, our apologies are offered along with our desire to correct the information. Please contact 412.489.3260 if that has been the case.

Wish List

If you'd like to help Baptist Homes Society address a need, contact the Foundation office at 412.489.3260. There are recognition opportunities as well as ways to give anonymously. Here are a few current priority needs:

- Samaritan Fund Endowment (\$500,000)
- Vital sign monitoring cart (\$2,500)
- Brain health speaker fee (\$1,500)
- Laptop computers (\$800 each)



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Administrators and Registered Nurses

Exercise for Aging Adults

presented by
Frank A. Petrich, CFP®, CELA
and William D. Presutti, Jr., Ph.D

**Tuesday,
September 15, 2015 at
Providence Point
Registration 4:00 PM
Presentation 4:30-6:30 PM**

For information, see page 4, or contact
Sue Lauer at 412.350.9654 or
slauer@baptisthomes.org

Join us
for the

Baptist Homes Society Senior Health & Wellness Fair

Tuesday, September 22
at the
Galleria of Mt. Lebanon
10 AM-2 PM

For information,
see page 3, or contact Sue Lauer
at 412.350.9654 or
slauer@baptisthomes.org

Don't Miss The Boat! Lunch on the Gateway Clipper Fleet's PRINCESS

Tuesday, September 29
11:00 – 1:30 p.m.
Station Square

For Samaritan Society and President's
Circle members in recognition of
their support as major donors.
For more information, contact
Erin Engel at 412.489.3260.

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